

West Milford Township Public Schools
Marshall Hill School

210 Marshall Hill Road
West Milford, N.J. 07480

Michael J. McCormick, Principal

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Dear Parents or Guardians:

Family Life education for the elementary schools is incorporated into the health, social studies, and science curricula of our district. The New Jersey Comprehensive Health and Physical Education Core Curriculum Content Standards outline the curriculum requirements. These may be accessed on the Department of Education's website at <http://www.nj.gov/education>.

All students are required to participate in health education classes which include a family life education component. The N.J.S.A. 18A:35-7 and 8 requires that all students in grades 1-12 take health, safety, and physical education per week each year. In order for students to meet the New Jersey Core Curriculum Content Standards (NJCCCS), schools must provide instruction in both health education and physical education.

Content in this area is outlined in Standard 2.4: Human Relationships and Sexuality and must be included in the district's health education curriculum. However, pursuant to N.J.S.A. 18A:35-4.7, any child whose parent or guardian presents to the school a signed statement that any part of instruction in health, family life education, or sex education is in conflict with his or her conscience or sincerely held moral or religious beliefs shall be excused from that portion of the course. Students excused from instruction should be provided alternative instructional content and activities aligned with the New Jersey Comprehensive Health and Physical Education Core Curriculum Content Standards (CCCS) and the local health education curriculum.

If you have any questions or concerns regarding the content of this curriculum, please contact me.

Sincerely,



Michael J. McCormick

Principal

Office of the Director of Education

FAMILY LIFE OBJECTIVES (Grades K-6)

1. Individual Growth

By the end of sixth grade, students will:

- a. identify major factors which influence physical and emotional growth.
- b. identify the changes which occur as they approach puberty.

2. Family roles and responsibilities

By the end of sixth grade, students will:

- a. demonstrate knowledge of the favorable health outcomes of family living.
- b. demonstrate knowledge of personal responsibilities that contribute to the health of the family.
- c. demonstrate knowledge of how differences between sexes relate to family roles.
- d. demonstrate an awareness that attitudes about marriages and family develop early in life.
- e. demonstrate knowledge of how human reproduction relates to the family life-cycle.

3. Feelings and moods

By the end of sixth grade, students will:

- a. identify personal actions which demonstrate maturity in growing up.
- b. demonstrate awareness of human emotions.
- c. exhibit an awareness that different people express the same emotion in different ways.

- d. describe how individuals constructively and destructively cope with a variety of emotions.
- e. identify changes in feelings and emotions which occur during adolescence.

4. Substance use and abuse

By the end of sixth grade, students will:

- a. analyze effects of smoking on body systems.
- b. demonstrate comprehension of psychological reasons why students begin smoking.
- c. demonstrate comprehension of negative results of the use of alcohol.
- d. identify alternatives to alcohol and other mood modifying substances.
- e. value positive use of drugs and other medicines.
- f. demonstrate knowledge as to how and where one would expect various drugs and medicines to be administered.
- g. demonstrate comprehension of the harmful use of drugs and other medicines.